Welcome to the materials guiding your discussions alongside the Planetary Health Academy! Below, you will find some details on how to use these best.

**Mix & Match**
We will provide background reading materials and videos for each lecture alongside discussion questions. Additionally, we will provide separate activities or discussions that are not specific to the lectures. You can mix & match these according to your needs.

**Adapt to your local context**
This material covers rather broad topics due to the international nature of our course. We encourage facilitators to adapt the material to their own context. For example, you could translate discussion questions if that makes it easier for participants.

**Facilitation**
If you facilitate the session, we recommend that you read the material in advance so that you have an idea of the session in mind.

**Preparation**
If something needs to be prepared or sent out to participants beforehand, you will see this icon next to the relevant parts of the material.

**Share your pictures with us!**
We would love to see how you learn through and discuss about the Planetary Health Academy. Post a photo of your session on social media with #PlanetaryHealthAcademy and tag @healthforfuturedeutschland.