BACKGROUND MATERIALS

Lecture 1 - Introduction to Planetary Health

SUGGESTED MATERIAL

These resources are a good introduction into the topic.

- From public to planetary health: a manifesto (Horton et al.)
- Planetary health: protecting human health on a rapidly changing planet (Myers)
- TED Talk 'Healthy Planet, Healthy People'
  Courtney Howard on the connections of health and the environment
- The Future is now
  An introduction to Planetary Health

DISCUSSION QUESTIONS

About the lecture (to be discussed each time)
- What was most interesting/inspiring for you in the lecture?
- What brought up questions?

About you:
- Draw a picture that illustrates where you stand in relation to Planetary Health. Explain this to the others.

Discuss in small groups:
- How is Planetary Health relevant in your specific context?
- How are you/can you get active in this context?

Snap a picture!

We would love to see how you learn through and discuss about the Planetary Health Academy. Send us a picture or post it on social media with #PlanetaryHealthAcademy or tag @healthforfuturedeutschland