

ACTIVITY

From global to local

PLANETARY HEALTH
ACADEMY



This activity is even more interesting if you do it with someone from a different city or country. You could do it with your Buddy (if you participated in our Buddy Programme) or invite someone you know to share their perspective!



Diagnosis

What is the current state of the rise in mean temperatures in your country?
Look up the warming stripes for your country here:

[🔗 showyourstripes.info](https://www.showyourstripes.info)

What is the state of the planetary boundaries in your country?
Look it up and compare with other countries here:

[🔗 goodlife.leeds.ac.uk/countries](https://goodlife.leeds.ac.uk/countries)



Symptoms

Discuss: How do you personally feel/perceive the effects?

Then, look up the effects on climate and health on the Lancet Countdown Data Platform.
Split into smaller group for the research and then come back to discuss together.

[🔗 www.lancetcountdown.org/data-platform](https://www.lancetcountdown.org/data-platform)



Therapy

Which local initiatives do you know that tackle some of these effects? Are there local initiatives that try to tackle climate change and improve living conditions?
Research together and exchange knowledge.

Optional: If you want to, participants could take these questions home and prepare a one minute presentation on an initiative they know for the next time you meet.